

I'M HAPPY BECAUSE I'M SAFE

<http://pauktuutit.ca/im-happy-because-im-safe/>



As pre-teens, you are already making some decisions for yourself. This page is to give you information for making good decisions for yourself online.

When you are online, you will see many things. You will see, read, and hear about people, ideas, events, facts, and fake things. What you have to keep in mind while going online is who and what to trust. Ask a parent or adult you trust before downloading. There may be a computer virus in a file that you want to download and it may harm your parent's computer.

Google Your Name

How much information about you is already online? See if there is any information about you already on the Internet. What do you see?

If any of the following information is on the Internet, ask a parent or adult you trust to help you remove it:

- Phone numbers
- Address
- Birth date
- Passwords

This is called "vital information" and it should be private. If it is on the Internet it is not private and you may be at risk. Someone may take advantage of this.

Other tips to protect your identity include:

- Using nicknames instead of real names
- Not sharing your email, phone numbers, or ways for people to directly contact you
- Not sharing if you or your family have bought any expensive things

These tips can be helpful. You would not want someone to steal from you.

Who you are is important. Do what you can to protect your identity.

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Online Friends

You and your friends can be safe online. The Internet is an important tool to connect people. Social places online are important for you and your friends. But you should not add new people who you don't know in real life. This is because it is hard to be sure someone is who they say they are online. Is the person you're talking to a person or a computer program? Is it a scam? Is it a fake account? Add friends who are actually your friends. You don't have to add everyone you know or everyone who may contact you.

Report a Bad Website

If you find a website that you feel is wrong, tell a parent or adult you trust. Together, you should report a bad website to:

Cybertip.ca

It is operated by The Canadian Centre for Child Protection and gives safety information as well as handling tips online of reports of sexual exploitation of children.

https://www.cybertip.ca/app/en/Internet_safety