





MONTREAL



COMMUNITY SERVICES

VMCA Centre Ville

Offers various services aimed at recreation and activity. Street Worker works with itinerant population associated with homelessness and addictions. 514-849-8393

YWCA of Montreal

Has employability programs giving women an upper hand with training and experience. Has a housing program within its facilities for women in difficulty. Programs for youth as well as adults in literacy, employability, advocacy, entrepreneurship and legal advice. 514-866-9941

Salvation Army Booth Centre

Wide range of services for those needing help with employment, housing, education and counseling. Has food program and shelter for itinerant population and newly discharged 514-932-2214

COMMUNITY SERVICES

YMCA Centre Ville

Offers various services aimed at recreation and activity. Street Worker works with itinerant population associated with homelessness and addictions. 514-849-8393

YWCA of Montreal

Has employability programs giving women an upper hand with training and experience. Has a housing program within its facilities for women in difficulty. Programs for youth as well as adults in literacy, employability, advocacy, entrepreneurship and legal advice. 514-866-9941

Salvation Army Booth Centre

Wide range of services for those needing help with employment, housing, education and counseling. Has food program and shelter for itinerant population and newly discharged from institutions. 514-932-2214

COMMUNITY SERVICES

YMCA Centre Ville

Offers various services aimed at recreation and activity. Street Worker works with itinerant population associated with homelessness and addictions 514-849-8393

YWCA of Montreal

Has employability programs giving women an upper hand with training and experience. Has a housing program within its facilities for women in difficulty. Programs for youth as well as adults in literacy, employability, advocacy, entrepreneurship and legal advice. 514-866-9941

Salvation Army Booth Centre

Wide range of services for those needing help with employment, housing, education and counseling. Has food program and shelter for itinerant population and newly discharged 514-932-2214

COMMUNITY SERVICES

YMCA Centre Ville

Offers various services aimed at recreation and activity. Street Worker works with itinerant population associated with homelessness and addictions. 514-849-8393

YWCA of Montreal

Has employability programs giving women an upper hand with training and experience. Has a housing program within its facilities for women in difficulty. Programs for youth as well as adults in literacy, employability. advocacy, entrepreneurship and legal advice. 514-866-9941

Salvation Army Booth Centre

Wide range of services for those needing help with employment, housing, education and counseling. Has food program and shelter for itinerant population and newly discharged from institutions. 514-932-2214

COMMUNITY SERVICES

YMCA Centre Ville

Offers various services aimed at recreation and activity. Street Worker works with itinerant population associated with homelessness and addictions. 514-849-8393

YWCA of Montreal

Has employability programs giving women an upper hand with training and experience. Has a housing program within its facilities for women in difficulty. Programs for youth as well as adults in literacy, employability, advocacy, entrepreneurship and legal advice. 514-866-9941

Salvation Army Booth Centre

Wide range of services for those needing help with employment, housing, education and counseling. Has food program and shelter for itinerant population and newly discharged from institutions. 514-932-2214

L'Abri d'espoir (women's shelter) 514-934-5615

In partnership with the Nunavik Regional Government, Makivik works at developing programs and activities for the Inuit population living in the North and in the South. Wide range of services. 514-745-8880

NFCM

The NFCM has services available for Aboriginal population with daily, monthly and yearly activities.

Has a hot lunch program, food depot, clothing depot and other activities provided in drop in centre.

Youth services also available. Medical support staff once a week and a doctor once a month. 514-499-1854

L'Abri d'espoir (women's shelter) 514-934-5615

Makivik-AMI

In partnership with the Nunavik Regional Government, Makivik works at developing programs and activities for the Inuit population living in the North and in the South. Wide range of services. 514-745-8880

The NFCM has services available for Aboriginal population with daily, monthly and yearly activities.

Has a hot lunch program, food depot, clothing depot and other activities provided in drop in centre.

Youth services also available. Medical support staff once a week and a doctor once a month. 514-499-1854

L'Abri d'espoir (women's shelter) 514-934-5615

Makivik-AMI

In partnership with the Nunavik Regional Government, Makivik works at developing programs and activities for the Inuit population living in the North and in the South Wide range of services. 514-745-8880

The NFCM has services available for Aboriginal population with daily, monthly

Has a hot lunch program, food depot, clothing depot and other activities provided in drop in centre.

Youth services also available. Medical support staff once a week and a doctor once a month. 514-499-1854

L'Abri d'espoir (women's shelter) 514-934-5615

Makivik-AMI

In partnership with the Nunavik Regional Government, Makivik works at developing programs and activities for the Inuit population living in the North and in the South. Wide range of services. 514-745-8880

The NFCM has services available for Aboriginal population with daily, monthly and yearly activities.

Has a hot lunch program, food depot, clothing depot and other activities provided

Youth services also available. Medical support staff once a week and a doctor once a month. 514-499-1854

L'Abri d'espoir (women's shelter) 514-934-5615

Makivik-AMI

In partnership with the Nunavik Regional Government, Makivik works at developing programs and activities for the Inuit population living in the North and in the South. Wide range of services. 514-745-8880

The NFCM has services available for Aboriginal population with daily, monthly and yearly activities.

Has a hot lunch program, food depot, clothing depot and other activities provided in drop in centre.

Youth services also available. Medical support staff once a week and a doctor once a month. 514-499-1854

QNW

Work and training measures for organizations wishing to hire first nation's women. Focus on equality and opportunity for women across Canada. Advocacy and rights for first nation's women 450-632-0088

STELLA (women)

On-site and outreach workers promoting safe sex practices for sex trade workers. Counseling and support for addictions and abuse. Provides condoms and educative material for sex trade workers. Advocates for those living with HIV as well as preventative information.

514-285-8889

FACE A FACE

Housing support for those whom have had a difficult time searching and maintaining housing. Daily updates for available units. Provides advocacy and support for service users. 514-934-4546

ONW

Work and training measures for organizations wishing to hire first nation's women. Focus on equality and opportunity for women across Canada. Advocacy and rights for first nation's women. 450-632-0088

STELLA (women)

On-site and outreach workers promoting safe sex practices for sex trade workers Counseling and support for addictions and abuse. Provides condoms and educative material for sex trade workers. Advocates for those living with HIV as well as preventative information.

514-285-8889 FACE A FACE

Housing support for those whom have had a difficult time searching and maintaining

housing. Daily updates for available units. Provides advocacy and support for service users. 514-934-4546

ONW

Work and training measures for organizations wishing to hire first nation's women. Focus on equality and opportunity for women across Canada. Advocacy and rights for first nation's women. 450-632-0088

STELLA (women)

On-site and outreach workers promoting safe sex practices for sex trade workers. Counseling and support for addictions and abuse. Provides condoms and educative material for sex trade workers. Advocates for those living with HIV as well as preventative information.

514-285-8889

FACE A FACE

Housing support for those whom have had a difficult time searching and maintaining housing. Daily updates for available units. Provides advocacy and support for service users 514-934-4546

Work and training measures for organizations wishing to hire first nation's women. Focus on equality and opportunity for women across Canada. Advocacy and rights for first nation's women 450-632-0088

STELLA (women)

On-site and outreach workers promoting safe sex practices for sex trade workers Counseling and support for addictions and abuse. Provides condoms and educative material for sex trade workers. Advocates for those living with HIV as well as preventative information

514-285-8889 FACE A FACE

Housing support for those whom have had a difficult time searching and maintaining housing. Daily updates for available units. Prosupport for service users 514-934-4546

ONW

Work and training measures for organizations wishing to hire first nation's women. Focus on equality and opportunity for women across Canada. Advocacy and rights for first nation's women. 450-632-0088

STELLA (women)

On-site and outreach workers promoting safe sex practices for sex trade workers. Counseling and support for addictions and abuse. Provides condoms and educative material for sex trade workers. Advocates for those living with HIV as well as preventative information.

514-285-8889

FACE A FACE

Housing support for those whom have had a difficult time searching and maintaining housing. Daily updates for available units. Provides advocacy and support for service users. 514-934-4546

Chez Doris

Day shelter for women living in the streets. Daily and weekly activities offered with focus on life-skills. Hot meal program, food depot, clothing depot and access to medical support. Counseling and support available. 514-937-2341

Open Door

Hot meals program and services aimed at improving the lives of the service users. Counseling and support, food baskets and clothing depot. 514-939-1970

Red Roof

Drop in with hot meals program and food basket program. 514-288-4428

Heart for the City

Drop in and hot meal program, education and literacy program and outreach program. Access to computers and training. Outreach worker once a week

514-989-9494 (Saturday's only)

Chez Doris Day shelter for women living in the streets. Daily and weekly activities offered with focus on life-skills. Hot meal program, food depot. clothing depot and access to medical support. Counseling and support available.

514-937-2341 Hot meals program and services aimed at improving the lives of the service users. Counseling and support, food baskets and

clothing depot. **514-939-1970**

Red Roof Drop in with hot meals program and food basket program. 514-288-4428

Heart for the City

Drop in and hot meal program, education and literacy program and outreach program. Access to computers and training. Outreach worker once a week

514-989-9494 (Saturday's only)

Chez Doris

Day shelter for women living in the streets. Daily and weekly activities offered with focus on life-skills. Hot meal program, food depot, clothing depot and access to medical support. Counseling and support available. 514-937-2341

Open Door

Hot meals program and services aimed at improving the lives of the service users. Counseling and support, food baskets and clothing depot.

514-939-1970 **Red Roof**

basket program. 514-288-4428 **Heart for the City** Drop in and hot meal program, education

and literacy program and outreach program.

Drop in with hot meals program and food

Access to computers and training. Outreach worker once a week 514-989-9494 (Saturday's only)

Chez Doris

Day shelter for women living in the streets. Daily and weekly activities offered with focus on life-skills. Hot meal program, food depot, clothing depot and access to medical support. Counseling and support available. 514-937-2341

Hot meals program and services aimed at improving the lives of the service users. Counseling and support, food baskets and clothing denot

Red Roof

514-939-1970

Heart for the City

worker once a week

Drop in with hot meals program and food basket program. 514-288-4428

Drop in and hot meal program, education and literacy program and outreach program. Access to computers and training. Outreach

514-989-9494 (Saturday's only)

Chez Doris

Day shelter for women living in the streets. Daily and weekly activities offered with focus on life-skills. Hot meal program, food depot, clothing depot and access to medical support. Counseling and support available. 514-937-2341

Open Door

Hot meals program and services aimed at improving the lives of the service users. Counseling and support, food baskets and clothing depot. 514-939-1970

Red Roof

Drop in with hot meals program and food basket program 514-288-4428

Heart for the City

Drop in and hot meal program, education and literacy program and outreach program. Access to computers and training. Outreach worker once a week

514-989-9494 (Saturday's only)